



Cross Atlantic Commodities Inc.

November 4, 2009

Dear Shareholders:

Here are some pre-logs for our commercials that are running this week. These are not all pre-logs, as they come in we will update the website. We are doing our best to keep our shareholders updated, and as the schedules come in we will be updating our shareholders.

Creative	800 #	Station	Air Date	Air Time
Rejuv by Caci	(800) 583-9859	FIT TV	11/4/2009	10:34 AM
Rejuv by Caci	(800) 583-9590	DTEC	11/4/2009	12:40 PM
Rejuv by Caci	(800) 583-9956	HALLMARK	11/4/2009	8:24 PM
Rejuv by Caci	(800) 589-7573	THSL	11/4/2009	9:18 PM
Rejuv by Caci	(800) 583-9859	FIT TV	11/4/2009	10:15 PM
Rejuv by Caci	(800) 583-9859	FIT TV	11/5/2009	2:13 PM
Rejuv by Caci	(800) 583-9956	HALLMARK	11/5/2009	9:41 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	7:28 AM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	8:07 AM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	9:32 AM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	10:16 AM
Rejuv by Caci	(800) 583-9859	FIT TV	11/6/2009	10:25 AM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	11:07 AM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	11:42 AM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	12:42 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	1:25 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	1:42 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	2:29 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	2:53 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	4:07 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/6/2009	5:29 PM
Rejuv by Caci	(800) 583-9956	HALLMARK	11/6/2009	7:35 PM
Rejuv by Caci	(800) 583-9956	HALLMARK	11/6/2009	10:32 PM
Rejuv by Caci	(800) 583-9859	FIT TV	11/6/2009	10:35 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/7/2009	6:58 AM
Rejuv by Caci	(800) 583-9956	HALLMARK	11/7/2009	7:29 AM



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Rejuv by Caci	(800) 589-0397	OVATION	11/7/2009	7:58 AM
Rejuv by Caci	(800) 583-9859	FIT TV	11/7/2009	12:49 PM
Rejuv by Caci	(800) 583-9859	FIT TV	11/7/2009	3:36 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/7/2009	4:17 PM
Rejuv by Caci	(800) 589-0397	OVATION	11/7/2009	5:25 PM
Rejuv by Caci	(800) 583-9859	FIT TV	11/7/2009	6:44 PM
Rejuv by Caci	(800) 583-9956	HALLMARK	11/8/2009	6:59 AM
Rejuv by Caci	(800) 589-0397	OVATION	11/8/2009	8:28 AM
Rejuv by Caci	(800) 589-0397	OVATION	11/8/2009	10:58 AM
Rejuv by Caci	(800) 589-0397	OVATION	11/8/2009	1:39 PM
Rejuv by Caci	(800) 583-9859	FIT TV	11/8/2009	5:12 PM
Rejuv by Caci	(800) 583-9859	FIT TV	11/8/2009	6:05 PM
Rejuv by Caci	(800) 583-9859	FIT TV	11/8/2009	6:46 PM

Sincerely,

Jorge Bravo

President / CEO